

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

FORTIS OBSERVES WORLD KIDNEY DAY



Fortis Hospital & Kidney Institute, Kolkata



Fortis Hospital, Vasant Kunj



Fortis Escorts, Faridabad



MESSAGE FROM HEAD - CORPORATE COMMUNICATIONS

Dear Fortisians,

It gives me great pleasure to connect with you through this edition of The Fortisian, our bi-monthly e-magazine.

At Fortis, effective communication, both external and internal - is a key pillar in building trust, transparency, and a strong organisational culture. The Corporate Communications team has been consistently working to enhance our brand reputation and maintain a strong voice in the healthcare landscape through proactive media engagement and advocacy.

Across print, digital, and electronic media, Fortis continues to maintain a leading share of voice - reflecting the strength of our clinical outcomes, thought leadership, and impactful initiatives.

Internally, we remain committed to keeping you informed through various platforms such as Electronic Direct Mailers (EDMs), The Fortisian (e-magazine), Fortis in the News (Print) and Fortis in the News (Audio-visual) among a host of others. We also share a daily digest of important industry news with senior leaders.

As we continue to raise the bar in how we communicate, I would sincerely welcome your suggestions and feedback at corporate.communications@fortishealthcare.com . Please feel free to share any thoughts on how we can improve our internal and employee communications to serve you better and keep you more closely connected with the organisation's journey.

**Warm regards,
Ajey Maharaj
Head - Corporate Communications
(Editor in Chief)**

New Beginnings & Launches

Fortis Gurugram Launches Fortis Institute of Genomic Medicine, Ushering in a New Era in Precision Medicine



On April 15, 2025, Fortis Gurugram launched the Fortis Institute of Genomic Medicine, a pioneering centre dedicated to harnessing the power of genomic science to transform patient care. Backed by Fortis' advanced clinical ecosystem and Agilus Diagnostics' extensive national footprint, the institute brings together a multi-disciplinary team of medical experts from Molecular Hematology, Oncology, Neurology, Pediatrics, Pathology and Genomic scientists along with bioinformaticians and AI (artificial intelligence) engineers.

Genomics is transforming the future of modern medicine and treatment modalities across specialties – Oncology, Cardiology, Neurology. Onco-genomics will help clinicians decode the genetic drivers of cancer, enabling targeted therapies that are more effective and less toxic than traditional one-size-fits-all treatments. Cardio-genomics will empower the early detection of inherited cardiac conditions, crucial for families with a history of sudden cardiac arrest, unexplained heart failure, or congenital heart disease. Meanwhile, Neuro-genomics will offer new hope for patients with complex neurological disorders, using gene-based insights to improve diagnosis and personalize interventions for conditions like epilepsy, Parkinson's and rare neurodevelopmental syndromes. The power of Genomics has already delivered life-changing outcomes: a leukemia patient, initially headed for a transplant, received a new course of treatment following a precise genetic diagnosis; a woman with a silent hereditary cancer risk underwent genomic screening, leading to early detection and preventive care for three family members; and a lung cancer patient with a previously undetected MET-ST7 fusion (a genetic alteration)—identified solely through Fortis' Next-Generation Sequencing (NGS)—is now thriving on targeted therapy.

In the near future, Fortis will also launch a Genomics-informed health registry, setting a new benchmark in precision medicine along with India's first AI-powered genomic reporting platform designed specifically for Indian clinicians as per international recommendations by ACMG (American College of Medical Genetics and Genomics), AMP (Association for Molecular Pathology), and ASCO (American Society of Clinical Oncology), which will be compliant, clinically relevant, and intuitively designed for seamless integration into medical practice.

Senior clinicians and leaders present on the occasion included Dr Rahul Bhargava, Principal Director and Chief, Bone Marrow Transplant, FMRI, Gurugram; Dr Vinayak Agarwal, Senior Director & Head, Non-Invasive Cardiology, FMRI, Gurugram; Dr Praveen Gupta, Principal Director & Chief of Neurology, FMRI, Gurugram; Dr Nitesh Rohatgi, Senior Director, Medical Oncology, FMRI, Gurugram; Dr Ankur Bahl, Senior Director, Medical Oncology, FMRI, Gurugram; Dr Shrinidhi Nathany, Consultant, Molecular Haematology and Oncology, FMRI, Gurugram; Dr Ritu Garg, Chief Growth and Innovation Officer, Fortis Healthcare and Mr Yash Rawat, Facility Director, FMRI, Gurugram.

Fortis Hospital Mohali Launches State-of-the-art Vertigo and Balance Disorders Clinic



Fortis Hospital Mohali launched a state-of-the-art balance disorders and vertigo clinic at the facility on March 28, 2025. The clinic ensures advanced diagnosis and treatment of vestibular disorders, which affect the balance and spatial orientation systems of the body. For this, the hospital has partnered with the world's largest chain of Vertigo and Dizziness clinics--Neuroequilibrium. This collaboration brings world-class expertise and advanced technology to enhance patient care for balance disorders. The innovative clinic combines the expertise of neurologists and ENT specialists, offering advanced care for patients suffering from vertigo, imbalance (functional balance disorder), and the fear of falling. The clinic is primarily managed by Dr Ashok Gupta, Director, ENT and Head & Neck Surgery; Dr Sudesh Prabhakar, Director Neurology; and Dr JP Singhvi, Director, Neurology, Fortis Hospital Mohali.

Fortis Hospital Shalimar Bagh Inaugurates 3rd Cath Lab – Advancing Interventional Cardiology & Neuro-interventional Care



On April 3, 2025, Fortis Hospital Shalimar Bagh inaugurated its third state-of-the-art Cath Lab, further strengthening its commitment to excellence in interventional cardiology and neuro-interventional care.

The event was graced by Mr Deepak Narang, Facility Director – Fortis Hospital Shalimar Bagh, Mr Mahipal Singh Bhanot, Senior VP & Business Head – Fortis Delhi NCR, along with esteemed senior clinicians and leadership, including Dr Archana Bajaj – Medical Director, Ms Girja Sharma – Chief of Nursing, Mr Rishi Mehra – Head of Sales & Marketing, Mr Rajeev Kapur – Head of Administration, Dr Nityanand Tripathi, Dr Naresh Goyal, Dr N. Krishnamani, Dr Sudhansu S. Parida, Dr Devendra Kumar Agrawal, and Dr Dinesh Mittal. Their presence reaffirmed our collective dedication to pushing the boundaries of medical excellence and enhancing patient care.

Fortis Escorts, Okhla Road, New Delhi Launches Dedicated Adult Vaccination Clinic to Strengthen Preventive Healthcare



Fortis Escorts, Okhla Road, launched a dedicated Vaccination Clinic on March 22, 2025, to strengthen preventive healthcare and community well-being. The clinic was launched by Shri Pankaj Kumar Singh, Hon'ble Health Minister of Delhi in the presence of Dr R. S. Mishra, Principal Director - Internal Medicine, who leads the initiative; Dr Pankaj Soni, Principal Director - Internal Medicine; Mr Anil Vinayak, Chief Operating Officer, Fortis Healthcare; Dr Vikram Aggarwal, Facility Director, Fortis Escorts, Okhla & Fortis C-DOC and Dr Anita Arora, DMO & Group Head - Infection Prevention Control, Fortis Healthcare.

The vaccination clinic aims to provide a wide range of adult immunization services while ensuring accessible and safe vaccination for the people, with a special focus on preventive healthcare for adults and the elderly. It will offer easy access to essential vaccines, safeguarding public health, reducing the burden of vaccine-preventable diseases, and ultimately enhancing community well-being. Furthermore, the clinic will serve as a trusted resource for individuals seeking expert consultation and immunization services. It will offer a comprehensive range of adult vaccinations, including Influenza, Hepatitis A & B, Pneumococcal, Typhoid, and Herpes/Shingles and more. These vaccines will play a crucial role in protecting individuals from preventable diseases and reducing morbidity and mortality, especially among adults and the elderly.

Fortis Gurugram Introduces Extracorporeal Photopheresis to Treat Blood Cancers and Other Complex Conditions

On February 12, 2025, Fortis Gurugram launched Extracorporeal Photopheresis (ECP)—a leukapheresis-based therapy that utilises ultraviolet light and specialised medication to treat complex medical conditions such as blood cancers like Cutaneous T-cell Lymphomas (CTCL), Graft-versus-host disease (GVHD), organ transplant rejection and various autoimmune disorders. The cutting-edge treatment is available at only few centers in India.

The clinic is led by Dr Rahul Bhargava, Principal Director & Chief - Haematology, Haemato-Oncology & BMT, Dr Vikas Dua, Principal Director & Head, Paediatric Haematology, Haemato Oncology & BMT, and Dr Sangeeta Agarwal, Director - Transfusion Medicine and their team comprising Dr Arun Danewa, Senior Consultant; Dr Nikhil, Consultant and Dr Sohini Chakraborty, Senior Consultant.



Fortis Hospital Ludhiana unveils newly upgraded Radiology Department



On April 15, 2025, Fortis Hospital, Ludhiana, unveiled its newly upgraded Radiology Department, which was inaugurated by Shri Himanshu Jain, IAS, Deputy Commissioner, Ludhiana. The department now boasts state-of-the-art imaging equipment, including MRI 3.0 Tesla, 128 Slices CT, PET CT, Digital Mammography, Digital X-ray, and Digital Fluoroscopy. This upgrade enhances diagnostic accuracy, speeds up detection, and supports more precise treatment planning.

Mr Ashish Bhatia, EVP, Fortis Healthcare and Dr Vishavdeep Goyal, Zonal Director, were present at the inauguration.

Fortis Gurugram Unveils 'The Haven' – A Tribute to Our Everyday Heroes



On March 5, 2025, Fortis Hospital Gurugram proudly inaugurated 'The Haven', a first-of-its-kind Doctor's Lounge, dedicated to the well-being of our esteemed caregivers.

Doctors work tirelessly, dedicating their lives to healing others. The Haven is more than just a space—it is a symbol of our deep gratitude and unwavering respect for their selfless service. Thoughtfully designed for comfort and relaxation, it serves as a sanctuary for those who stand at the frontline of patient care every day.

The inauguration was graced by Mr. Yash Rawat, VP & Facility Director, FMRI, Mr. Mahipal Singh Bhanot, Senior VP & Business Head, Fortis Delhi NCR, along with senior clinicians of Fortis Gurugram. Their presence reinforced our commitment to honoring, supporting, and empowering the medical community.

Fortis Hospital Vasant Kunj inaugurates Implant Centre at Vasant Vihar Club



On March 10, 2025, Fortis Hospital Vasant Kunj announced a new partnership with Vasant Vihar Club, aimed at improving access to advanced medical care. This collaboration includes the launch of specialised Medical Implant Centre and the offering of exclusive Fortis Select Cards to club members. The centre provides nursing care, state-of-the-art medical services. The Fortis Select Card offers Vasant Vihar Club members priority access, personalized support, and exclusive benefits within Fortis Hospital Vasant Kunj.

The Inauguration ceremony was graced by Dr Ritu Garg, Chief Growth and Innovation Officer; Mr Mahipal Singh Bhanot, Senior VP & Business Head; Dr Gurvinder Kaur, Facility Director; Dr Tapan Ghose; Dr Gurinder Bedi; Dr Rahul Verma and Mr. Vinay Rozal, Head - Marketing from Fortis Hospital Vasant Kunj.

Fortis Hospital Gurugram Launches AV Fistula Clinic for Enhanced Dialysis Care



On March 23, 2025, the Vascular Surgery Department at Fortis Hospital, Gurugram launched a dedicated AV Fistula Clinic, aimed at providing specialised care for dialysis patients. Dr Himanshu Verma, Director – Vascular Surgery, Fortis Hospital, Gurugram, highlighted the significance of AV Fistula, emphasising its crucial role in enhancing dialysis efficiency, reducing complications and improving patient well-being. The clinic was inaugurated with a ribbon-cutting ceremony by Mr Yash Rawat, VP & Facility Director, Fortis Hospital, Gurugram.

Fortis Mental Health & Behavioural Sciences Launches Virtual Reality Guided Neurocognitive Training

Mar- Apr 2025



The Fortis Mental Health & Behavioural Sciences Team in collaboration with Virtuleap, has launched Virtual Reality Guided Neurocognitive Training (VRCT) at Fortis hospitals in Gurugram, Vasant Kunj, Mohali, Ludhiana and Bengaluru. The service will soon be launched at several other Fortis hospitals across the network.

VRCT helps patients across multiple specialities, including Neurosciences, Oncosciences and Psychiatry among others, in improving information processing, attention, memory, problem-solving and cognitive flexibility. VRCT provides immersive and interactive experiences that keep patients mentally stimulated and improve cognitive functioning.

Fortis Hospital Vasant Kunj Launches Sahajini: A Dedicated Menopause Clinic



Fortis Hospital Vasant Kunj on March 8, 2025, announced the launch of Sahajini, a specialised Menopause Clinic designed to provide comprehensive diagnosis and treatment options for women navigating menopause. The clinic offers a full spectrum of care under one roof, aiming to provide a seamless and patient-centric experience. Sahajini offers a holistic approach to menopause management, addressing the diverse physical and emotional needs of women during this significant life stage. The clinic is staffed by a team of experienced gynecologists and healthcare professionals dedicated to providing personalized care and support.

The inauguration ceremony was graced by Dr Gurvinder Kaur, Facility Director; Dr Sutopa – Director & Unit Head Obstetrics & Gynecology; Dr Neema Sharma – Director & Unit Head Obstetrics & Gynecology; Dr Mamta Mishra – Director & Unit Head Obstetrics & Gynecology, Dr Rahul Verma, MS and Mr Vinay Rozal, Unit Head - Sales & Marketing, among others.

Fortis Anandapur, Kolkata, Launches Dedicated Lung Failure Clinic



Fortis Anandapur, Kolkata, has launched a dedicated Lung Failure Clinic to support patients with chronic and progressive respiratory conditions. The clinic was inaugurated on April 14, 2025, by Ms Richa S. Debgupta, Chief of Strategy and Operations, and Dr Sushmita Roychowdhury, Director - Pulmonology, in the presence of senior clinicians and hospital staff.

The specialised OPD offers comprehensive evaluation, advanced diagnostics and personalised care plans beyond standard treatment. A multidisciplinary team delivers integrated services including physiotherapy-led rehab, nutritional guidance and lifestyle management. The clinic also assesses patients for advanced interventions like lung transplantation.

Clinical Excellence

99-year-old undergoes spine surgery at Fortis Escorts, Okhla: A first across Fortis network; only second such case in India and third in world



A team of doctors led by Dr Kaushal Kant Mishra, Director – Orthopaedics & Joint Replacement, and Dr Ravindra Singh Bisht, Consultant – Spine Surgery at Fortis Escorts, Okhla Road, conducted a minimally invasive spine procedure on a 99-year-old female patient to treat her spinal compression fracture. The surgery was conducted on April 9, 2025, and the patient was discharged the very next day.

A patient had arrived at the hospital with severe pain and complete inability to walk, sit or even lie down comfortably. After evaluation, patient was diagnosed with D10 compression fracture. She was advised percutaneous balloon kyphoplasty, a minimally invasive procedure performed under local anaesthesia. The procedure was preferred in view of the patient's advanced age and her age-related comorbidities. The surgery lasted just 40 minutes, offering quick relief and a remarkable outcome.

Timely Intervention at Fortis Anandapur Saves 29-Year-Old Intern from Heart Attack



Dr Sanjukta Dutta



Dr Priyam Mukherjee

A 29-year-old intern from South City Business Park, Kolkata, survived a life-threatening heart attack after being rushed to Fortis Hospital, Anandapur, on April 9, 2025. On arrival, the doctors determined that the patient was in cardiogenic shock with a dangerously low ejection fraction of 25–30%. The hospital's emergency team swiftly activated the door-to-balloon protocol. Led by Dr Sanjukta Dutta, Head – Emergency and Dr Priyam Mukherjee, Cardiology, along with the cardiac team performed an emergency angioplasty and thrombus aspiration.

Despite repeated arrhythmias, ventilator support and ICU care, the patient made a remarkable recovery within 48 hours. He was discharged on April 14, 2025. The doctors credited timely intervention and seamless coordination among Emergency, Cardiology, Anaesthesiology and ICU teams for the success.

INSPIRING STORIES

Nursing and Security Teams at Fortis Hospital, Bannerghatta Road, Bengaluru Go Above and Beyond to Ensure the Safety of a Lost Child



In a remarkable display of empathy, quick thinking, and teamwork, the nursing and security teams at Fortis Hospital, Bannerghatta Road responded promptly and compassionately to ensure the safety of a lost child found near the hospital premises.

At around 09:11 am, on April 4, 2025, the Endoscopy Nursing In-charge, Ms. Nisha, was informed by staff nurse Ms. Baby Rani that a young child, approximately, about 4 to 5 years old, had been found alone, crying and searching for its mother near the Indira Canteen, just outside the hospital exit gate. Acting swiftly, Ms. Nisha handed over the child and handed them over to lobby security staff member Mr. Imdadul, who brought the child to the security time office.

Understanding the urgency and sensitivity of the situation, Ms. Nisha, along with nurse Ms. Ambili Sasi, arranged clothes and food for the child, offering comfort and care during a moment of distress. Simultaneously, Mr. Gangadhar from the security team gathered details from the scene and promptly alerted the Chief Security Officer. Despite checking with bystanders and people in the vicinity, no one could provide information about the child's identity.

At around 10:20 am, Mr. SS Saranraj notified the police control room. Shortly thereafter, at 10:45 am, SI Umesh and Dayananda from the Mico Layout Police Station arrived at the hospital. The police confirmed that a woman named Ajal had reported a missing child matching the description. Following verification, Mr. SS Saranraj and lady security officer Ms. Malathi respectfully handed the child over to the police officials for a safe reunion.

This heartwarming incident is a testament to the compassion, presence of mind, and coordination exhibited by our nursing and security teams. Their swift action and empathy ensured the child's safety and comfort during a critical time.

Security and Admin Team Members of Fortis Vasant Kunj go out of their way to help retrieve hospital visitor's expensive mobile phone



The Security and Admin Teams of Fortis Vasant Kunj, New Delhi, lived up to the Fortis values of Ownership, Patient Centricity and Teamwork by helping retrieve a visitor's expensive mobile phone.

On February 27, 2025, the visitor had inadvertently left her phone in an auto-rickshaw in which she had arrived at the hospital. She panicked as soon as she realised the folly. Mr Ashok Yadav, Security Guard, pacified her and escorted her to the time office where Mr Raman Jha, Security Officer, was apprised of the matter. He immediately initiated a CCTV review to trace the auto.

Within minutes, Mr Sarweshwar Sharma, Manager on Duty, joined the effort, and the team diligently tracked the auto driver through their network. Remarkably, within a day, they were able to locate and retrieve the phone. The team then contacted the visitor's father and handed over the phone. The family expressed their gratitude profusely. The team members were also felicitated by the hospital leadership for their outstanding support during a stressful situation.



Community Connect

Fortis Gurugram Partners as Healthcare Provider at Tuffman Gurugram Half Marathon 2025



On March 23, 2025, Fortis Hospital, Gurugram, partnered as the official healthcare provider for the Tuffman Gurugram Half Marathon (5th Edition). The event, organised by Tuffman India, witnessed an overwhelming turnout of enthusiastic runners across 21.1K, 10K, 5K, and 3K race categories.

As the healthcare partner, Fortis Gurugram ensured the well-being of all participants by deploying mobile ambulances, first-aid stations, and medical support teams along the route. Our team of expert doctors, paramedics, and emergency responders remained on standby to provide immediate medical assistance, ensuring a safe and seamless running experience for all.

S. L. Raheja Hospital, Mahim and Fortis Hospital Mulund Collaborate with Times of India to Host Health Initiatives for Employees



S. L. Raheja Hospital, Mahim – a Fortis Associate, and Fortis Hospital Mulund teamed up with the Times of India (TOI) to organise two health initiatives aimed at enhancing the well-being of TOI employees. The first initiative, a pulmonary function check and health talk, was conducted by the team from S. L. Raheja Hospital on February 17, 2025, to raise awareness about the critical importance of lung health, particularly among journalists who often face erratic work hours and spend significant time on the field. Following the tests and consultations for 65 employees, a health talk was hosted, offering valuable insights into maintaining healthy lungs, the benefits of an active lifestyle, and essential steps for long-term respiratory health.

As part of its commitment to community health, Fortis Hospital Mulund hosted a Bone Mineral Density (BMD) check camp for the female employees of Times of India on the eve of International Women's Day, March 7, 2025. The event benefitted 125 employees, with screenings that also included random blood sugar and blood pressure checks. The session was an eye-opener for many, as it revealed that 80-90% of participants were found to be calcium deficient and were advised to take supplements. Two employees discovered high blood sugar and blood pressure levels, enabling them to seek timely medical advice.

Over 200 Partners Attend Fortis Annual Insurance and TPA Meet in New Delhi



Fortis Healthcare Ltd on March 5, 2025, achieved a significant milestone by successfully conducting the highly anticipated TPA and insurance meet, which brought together over 200 attendees from various insurance companies & Third-Party Administrators (TPAs). This event was also attended by the Senior Leadership Team of Fortis Group including Facility Directors of Fortis hospitals in Delhi NCR. The event, held in New Delhi, served as a dynamic platform for collaboration, knowledge-sharing, and networking. The meet featured insightful presentations, panel discussion and interactive sessions centred around enhancing patient experience and adopting innovative technologies in healthcare and insurance.

One of the highlights of the event was the recognition of outstanding contributions through various award categories, celebrating excellence and innovation in the industry. The awards ceremony served as an inspiration and motivation for all participants, encouraging them to continue striving for excellence in their respective fields. The event has set a high standard and will remain a benchmark for fostering meaningful dialogue between the healthcare and insurance sectors.

Fortis Anandapur inaugurates Toilets and Tube Wells in ICDS Schools and Rural Health Centre Under CER Initiative



On March 10, 2025, Fortis Hospital Anandapur inaugurated seven toilets and tube wells in ICDS schools and a rural health centre as part of the Corporate Environment Responsibility (CER) surrounding the green projects of International Hospital Limited.

The inauguration ceremony was graced by Mr. Ashish Mukherjee, Facility Director, and Ms: Richa S. Debgupta, Chief of Strategy and Operations (JK). The event concluded with the distribution of eatables among students.

Fortis Gurugram Organises Brain & Women's Health Event



On March 22, 2025, Fortis Gurugram took over DLF Cyber Hub, turning it into a hub of awareness and empowerment with 'UNSTOPPABLE US'—a unique event focused on brain health and women's well-being. The event brought together a vibrant audience for an evening filled with activities like flash mob, nukkad natak, quizzes and exciting prizes.

The event was graced by Dr Praveen Gupta, Principal Director & Chief of Neurology at Fortis Gurugram, who actively engaged with the audience and answered all their questions.

Fortis Gurugram Launches AI Club to Lead the Future of Smart Healthcare



On April 14, 2025, Fortis Hospital, Gurugram unveiled its pioneering AI Club—one of the first initiatives of its kind in India's healthcare sector—dedicated to harnessing the power of artificial intelligence to elevate patient care, diagnostics, and hospital operations. Dr Vishal Rao, renowned surgical oncologist, healthcare innovator and advisor to the Prime Minister's Office, was the keynote speaker.

Dr Rao shared thought-provoking insights into the evolving role of AI in medicine, emphasising that AI is not here to replace humans, but to amplify their impact: "AI will not artificialize humans; humans will humanise AI."

The launch was graced by senior Fortis leadership, including Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare; Mr Anil Vinayak, Group COO, Fortis Healthcare; Mr Yash Rawat, VP & Facility Director – Fortis Gurugram, and Dr Abhishek Sharma, Head of Administration – Fortis Gurugram. Senior clinicians who attended the event included Dr Rahul Bhargava, Dr Nitesh Rohatgi, Dr Praveen Gupta, Dr Ankur Bahl, Dr Vinayak Agarwal, Dr Sandeep Dewan, Dr Udgeath Dhir, Dr Anil Mandhani, Dr Ishita B Sen, Dr R.K. Verma, Dr Himanshu Verma and Dr Srinidhi Nathany— whose valuable insights throughout the session helped spark meaningful discussions and inspired new ideas around the integration of AI in healthcare.

Fortis Vasant Kunj's Nukkad Natak Spreads Awareness About Antimicrobial Resistance



On March 19, 2025, Fortis Hospital Vasant Kunj hosted a Nukkad Natak (street play) aimed at raising awareness about Antimicrobial Resistance (AMR). The event, held at a prominent shopping arcade in Vasant Vihar, effectively combined education and entertainment, captivating the attention of the audience.

The interactive performances served as a creative platform to communicate the critical message about the responsible use of antibiotics. Through engaging storytelling and relatable characters, the initiative highlighted the serious implications of AMR and the importance of safeguarding the efficacy of these vital medications.

Fortis Ludhiana Hosts Sarpanch Meet & Health Awareness Talk



Fortis Hospital, Ludhiana, in collaboration with Block Vikas and Panchayat representatives, organised a Sarpanch Meet and Health Awareness Talk on April 22, 2025. The session featured expert talks by Dr Mudit Kumar, GI, Minimal Access & Bariatric Surgery and Dr Vaibhav Tandon, Neurology, who addressed key health concerns and emphasised the role of lifestyle and exercise in building healthier communities. Dr Vishavdeep Goyal, SBU Head and Zonal Director – Fortis Hospitals, Ludhiana and Amritsar, graced the occasion.

Over 350 Doctors Attended Fortis Noida's 9th Neurosciences Conclave 2025 on Brain and Spine Disorders



Fortis Hospital, Noida successfully hosted the 9th edition of its prestigious Neurosciences Conclave 2025 on April 6, 2025. The theme of the event was 'Approach to Diseases of the Brain and Spine.' The event witnessed enthusiastic participation of over 350 doctors from Delhi-NCR and provided a platform to speakers from Chandigarh, Mumbai, Hyderabad and Srinagar. The conclave served as a vital knowledge-sharing platform, focusing on the latest advancements, challenges, and multidisciplinary approaches in the field of brain and spine surgery.

The event was graced by senior leadership from Fortis Healthcare, including Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, Dr Bishnu Prasad Panigrahi, Group Head - Medical Strategy & Operations Group, Dr Ritu Garg, Chief Growth & Innovation Officer, Mr Mohit Singh, Zonal Director, Fortis Noida and Dr Shanu Sharma - Medical Director, Fortis Noida. A large number of senior Fortis Noida clinicians were also present including Dr Rahul Gupta, Senior Director - Neurosurgery, Dr Jyoti Bala Sharma, Director – Neurology, Dr Kapil Sharma, Director- Neurology, Dr Gaurav Bansal, Additional Director -Neurosurgery, Dr Varun Jain, Additional Director - Neuro Anaesthesia.

Fortis Gurugram hosts 1st Annual AV Fistula Care Workshop Masterclass



On March 23, 2025, Fortis Memorial Research Institute, Gurugram, hosted the 1st Annual AV Fistula Care Workshop – Masterclass, a visionary initiative led by Dr Himanshu Verma, Director – Vascular & Endovascular Surgery. With participation from over 160 dialysis technicians across India, the workshop offered hands-on training in BCF, RCF, AV Grafts, and real patient punctures, supported by a distinguished faculty including Prof. (Dr.) Digvijay Sharma, Dr. Ashutosh Pandey, Dr. Rahul Agrawal, Dr. Luv Luthra, and Dr. Ashwini Gadde. Adding a global perspective, an international session was conducted by Mr. Katsuya Tokuda from Japan.

In the evening, a special ceremony was held celebrating the Kidney Warriors — dialysis patients who have shown incredible strength and resilience over 10, 15, 20, even 25 years. Caregivers of CKD patients who are no longer there returned to honour those still bravely continuing their journey, reminding everyone that true care goes beyond treatment. The evening also witnessed the launch of the Ayusynk Digital Stethoscope and the unveiling of a specially designed dialysis clothing line to bring greater comfort and dignity to patients.

Engagement

'Dil Se Swagat Drive' at Fortis Kalyan and Fortis SL Raheja



SL Raheja Hospital's Nursing and administrative teams with experts from VLCC, at Dil Se Swagat



Fortis Kalyan team on day 2 – focusing on western formal attire



Fortis Kalyan team with (C) Mr Sourabh Dubey and (R) Ms Ruby Lobo (Chief Nursing Officer)

The "Dil Se Swagat Drive" at Fortis Kalyan and Fortis SL Raheja aimed to engage and align frontline employees including the contractual workforce with Fortis Service Standards and better equip them to consistently project both a professional appearance and a patient-centred attitude. Frontline employees serve as the face of Fortis Healthcare and play a critical role in shaping patient experiences. Ensuring their alignment with service standards will enhance trust, patient satisfaction, and overall service quality. This initiative addresses the gap in consistent service behaviour, professional presentation, and patient engagement. The drive included training, engagement activities, and other reinforcement efforts to ensure that all employees embody Fortis' commitment to service excellence.

Specialized trainings on First Impressions & professional conduct were provided with insightful sessions on skincare & professional grooming by VLCC experts. "Dress to Impress" Corporate Gala (SL Raheja) had Senior leaders and employees showcase a stylish corporate walk, with the best-groomed individuals being recognized and honoured. The active participation of the hospital's leadership team, reinforced the impact of professional grooming & deportment on patient perception & hospital's brand image

Reward & recognition through on floor audits were conducted to recognize employees who consistently upheld grooming and service standards. The real-time assessments not only celebrated individuals demonstrating exemplary behavior but will also serve as an inspiration for others to strive for higher standards.

The drive included Engaging Activities & On-Floor Engagements: Employees participated in interactive sessions, fun and educational quizzes. Visual reinforcements such as posters, standees, and danglers on service standards & grooming added vibrancy to the event. We had an exclusive collaboration with VLCC experts and employees attended insightful sessions on skincare and hair care, with a practical demonstration of makeup and hairstyling, receiving an overwhelming response. The core committee conducted surprise audits, recognizing employees who consistently upheld grooming and service standards.

Special Feature – "Dress to Impress" Corporate Gala (SL Raheja): Senior leaders and employees showcased a stylish corporate walk, with the best-groomed individuals being recognized and honored. Another segment of the event was the "Ready in 10 minutes" which focused on quick makeup and hairstyling techniques

A key highlight was the active participation of the hospital's leadership team, reinforcing how a professional appearance positively impacts patient perception, builds trust, and elevates the hospital's brand image.

The enthusiasm and commitment shown by employees throughout this drive have set a new benchmark for professionalism at Fortis Kalyan & Fortis SL Raheja. This initiative will continue to inspire all of us to uphold service and grooming excellence moving forward. A key highlight was the active participation of the hospital's leadership team, reinforcing how a professional appearance positively impacts patient perception, builds trust, and elevates the hospital's brand image.

The enthusiasm and commitment shown by employees throughout this drive have set a new benchmark for professionalism at Fortis Kalyan & Fortis SL Raheja. This initiative will continue to inspire all of us to uphold service and grooming excellence moving forward.

ECMO Asia 2025 Successfully Hosted at Fortis Hospital Gurugram



The ECMO Asia 2025 conference was successfully held on March 28-29, 2025, at Fortis Hospital Gurugram, under the leadership of Dr Sandeep Dewan, Senior Director & HOD, Critical Care, along with the Critical Care Medicine (CCM) team. The event brought together renowned national and international faculty, along with delegates from across the country, for an in-depth exploration of Extracorporeal Membrane Oxygenation (ECMO).

The conference featured key international speakers, including Dr Thomas Mueller (Germany) and Dr Ramanathan K R (Singapore), both globally recognised experts in ECMO. The event was graced by Mr Anil Vinayak, Group COO, Fortis Healthcare, and Mr Yash Rawat, VP & Facility Director, Fortis Hospital Gurugram, along with senior clinicians from Fortis Gurugram, who actively participated in the conference. With a diverse panel of experts and faculty from across India, ECMO Asia 2025 fostered meaningful discussions, knowledge sharing, and collaboration.

Fortis Hospital Ludhiana Organizes Fortis Premier Cricket League & Fun Activities 2025



Fortis Hospital Ludhiana successfully organized the Fortis Premier Cricket League & Fun Activities on 30th March 2025 at the PAU Cricket Stadium, Ludhiana, bringing together employees from both Ludhiana units for a day filled with sportsmanship, teamwork, and celebration.

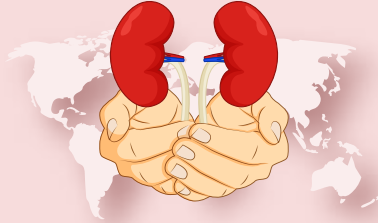
The event witnessed enthusiastic participation across all departments – including Doctors, Nursing, Paramedical, Non-Medical, Housekeeping, Security, and F&B – who competed in high-energy matches under team banners Fortis Kings, Fortis Chargers, Fortis Lions, and Fortis Titans.

Fortis Kings emerged as the Tournament Champions, with Fortis Chargers finishing as Runners-up.

Adding charm to the day, female employees and families engaged in exclusive fun-filled activities planned especially for them. The perfect weather, along with laughter and cheer echoing across the ground, created an atmosphere of joy and unity.

Special Feature

WORLD KIDNEY DAY



Fortis Hospital & Kidney Institute, Kolkata



Centred around the theme of World Kidney Day'25 – “Are Your Kidneys OK? Detect Early, Protect Kidney Health”, Fortis Hospital & Kidney Institute, Kolkata observed World Kidney Day on March 13, 2025 by creating Awareness on Kidney Health among the masses. The hospital did extensive Branding activities on “Metro Rail – The Lifeline of City of Joy” and on shelters of various bus stands in and around Kolkata with the motive of spreading awareness on the wellbeing of one’s Kidneys among that part of population where kidney disease still remains undiagnosed. Informative Videos by eminent Nephrologists on topics like Keeping Kidneys Healthy, Symptoms of Kidney Diseases, keeping regular check on Kidneys & when to consult a doctor on Social Media platforms.

The hospital was lit-up with green coloured lights. Drawing Competition on the theme of World Kidney Day'25 was organised for dialysis patients. Later, prizes were given to the winners who were judged by Dr Upal Sengupta, Director, Nephrology and Dr Partha Karmakar, Director, Nephology. Memento in the form of Plants were given to all dialysis patients.

Finally, the curtain was drawn on the celebration with the launch of 10% discount for dialysis patients on Investigations Charges followed by cake cutting. The occasion was graced by Dr Upal Sengupta, Director, Nephrology, Dr Partha Karmakar, Director, Nephrology, Dr Pulak Mukherjee, Consultant-Intensivist, Mr. Baishpayan Mukherjee, FD, FHKI-FMC, Dr Anusuya Bose, MS, FHKI-FMC, Mr Partha Sarkar, Unit Head – Sales & Marketing and employees of units – FHKI & FMC.

Fortis Escorts, Faridabad



On the occasion of World Kidney Day on March 13, 2025, Fortis Escorts Hospital, Faridabad hosted a series of engaging events to raise awareness about kidney health and emphasise the importance of early detection and prevention of kidney diseases. Dr Tejendra Singh Chauhan, Senior Consultant - Nephrology; Dr Anup Gulati, Director - Urology and Dr Disha, Nephrologist, along with Mr Yogendra Nath Awadhiya, Facility Director, participated in insightful discussions, providing valuable guidance to all attendees.

The event brought together patients and doctors for interactive sessions filled with fun activities, and a lively quiz further boosted engagement, with participants winning exciting prizes. A notable highlight was the launch of Exclusive Kidney Packages under the Sankalp Group by our Nephrology and Urology teams.

Fortis Hospital, Vasant Kunj



On the occasion of World Kidney Day, Fortis Hospital Vasant Kunj organised a yoga session on March 29, 2025, followed by an informative health talk to raise awareness about kidney health. The session was led by Dr Sanjeev Gulati, Principal Director of Nephrology & KTP, who shared his expertise on kidney diseases, their prevention, and the importance of maintaining kidney health through a balanced lifestyle. During the health talk, Dr Gulati emphasised the role of diet, hydration, and regular exercise in preventing kidney-related issues. The event also featured a yoga session, demonstrating simple exercises aimed at improving kidney function and promoting overall well-being.

A total of 60 participants attended the event, engaging actively in discussions and practicing the yoga techniques. The initiative sought to empower attendees with valuable knowledge and practical tools to protect their kidney health and adopt a healthier lifestyle. Dr Sanjeev Gulati also had a wonderful interaction session with the attendees, answering their queries and providing personalized advice on kidney care.

Events

Fortis Hosts 'Decoding Clinical Governance - From Theory to Practice' Pre-Conference Workshop



Fortis Healthcare successfully hosted a Pre-Conference Workshop on 'Decoding Clinical Governance – From Theory to Practice' on April 11, 2025, at Fortis Escorts Heart Institute, Okhla, as part of the CAHOCON 2025 activities. Designed to make the principles of clinical governance easier to understand and apply, the workshop translated complex concepts into practical knowledge through real-life scenarios, case discussions, group activities, panel discussions, and an interactive finale with a quiz. The event witnessed active participation from clinicians, nurses, medical administrators and quality professionals from across the Fortis network and renowned hospitals such as Holy Family and CK Birla Hospitals, Nursing students from Jamia Hamdard University, New Delhi and students from IIM Shillong.

Faculty members, including Dr Narayan Pendse, Vice President – MSOG, Project Director – EMR, Project; Dr Akash Sud, Head – Clinical Governance, Quality, Patient Safety, MSOG; Dr Vasundhra Atre, Associate Director – Medical Services, Manipal Hospitals, Bangalore and Dr Rahul Deshmukh, Medical Director – MEDCARE Orthopedics and Spine Hospital, Dubai, delivered insightful sessions covering Clinical Audits, Clinical Outcomes, and other key areas within the domain of clinical governance. Ms Minimole John, Chief of Nursing – Fortis Escorts Heart Institute, shared valuable nursing governance experiences and role of Nurse leaders.

A candid panel discussion, featuring senior leaders from India and abroad was another highlight. Moderated by Dr Narayan Pendse, the panelists, Dr Bishnu Panigrahi, Dr Vikram Agarwal, Dr Shani De Silva, Dr Rahul Prasad, Dr Amrita Gupta and Ms Minimole John, actively shared ground-level experiences and tips for strengthening clinical governance practices.

Over 150 doctors attend Fortis Ludhiana's national-level CME, 'SPY Symposium on Fluorescence-Guided Surgeries'



Fortis Hospital Ludhiana successfully hosted a national-level CME titled 'SPY Symposium on Fluorescence-Guided Surgeries,' on April 27, 2025. The event brought together over 150 doctors from across Punjab, along with renowned surgeons from all over India, to explore the groundbreaking role of Indocyanine Green (ICG) dye and the SPY PHI imaging system in enhancing surgical accuracy across oncology, gastrointestinal, plastic, cardiovascular and microsurgery specialties. Fortis Ludhiana is the first hospital in Punjab to adopt and implement SPY PHI technology, which offers surgical precision, promising better outcomes and greater patient safety.

The event was spearheaded by Dr Harish Matta under the guidance of Dr Vishavdeep Goyal, and had Dr Vedant Kabra of Fortis Hospital, Gurugram, among the esteemed speakers.

Fortis Gurugram Organises 'Red Run to End Thalassemia' with Actor Jackie Shroff; Launches 'Mission 2035' – A Nationwide Movement to Eliminate Thalassemia by 2035



Fortis Hospital Gurugram launched 'Mission 2035'—a bold nationwide movement to eliminate Thalassemia from India by the year 2035. To mark the beginning of this initiative, the hospital organised the 'Red Run to End Thalassemia' on April 27, 2025, a large-scale awareness event that witnessed participation from over 2000 individuals. Participants ran a symbolic 5K to express solidarity with the cause.

The event was supported by renowned Bollywood actor Jackie Shroff, who joined as the brand ambassador for Thalassemia awareness, lending powerful visibility and support to the mission.

The event also featured a focused discussion on the future of Thalassemia prevention, led by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare; Mr Jackie Shroff, Chief Guest and Thalassemia Awareness Ambassador; Mr Yash Rawat, VP & Facility Director, Fortis Hospital Gurugram; Dr Rahul Bhargava, Principal Director & Chief of Hematology, Hemato-oncology & Bone Marrow Transplant, FMRI; and Dr Vikas Dua, Principal Director & Head, Pediatric Hematology, Hemato-oncology & Bone Marrow Transplant, FMRI; and Dr Abhishek Sharma, Head – Administration, Fortis Hospital Gurugram, along with senior clinicians from across Fortis Gurugram.

The event was further graced by the presence of Fortis leadership, who also felicitated prominent NGOs for their continued efforts in Thalassemia awareness and care. Esteemed leaders included Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare; Dr Bishnu Panigrahi, Group Head – Medical Strategy & Operations, Fortis Healthcare; Mr Mahipal Singh Bhanot, Business Head – Fortis Delhi NCR and Mr Ajey Maharaj, Head - PR & Communications, Fortis Healthcare; and Dr Abhishek Sharma, Head – Administration, Fortis Hospital Gurugram, along with senior clinicians from across Fortis Gurugram.

The run was followed by a press conference where details about Mission 2035 were shared. With this movement, Fortis Hospital Gurugram continues its commitment to driving high-impact healthcare initiatives that create lasting change at a national level.

Fortis Hospital Mulund Hosts Workshop on Advancing Patient Safety Practices



At Fortis Hospital Mulund, the understanding is clear that improving safety involves more than just effort; it requires an ongoing process of learning from past incidents—both internal and external. To strengthen this commitment, the Quality team at Fortis Mulund organized a comprehensive workshop titled "Beyond Reporting: Masterclass in Handling, Managing, and Learning from Safety Incidents" on February 28, 2025. The event saw over 100 participants from all four Mumbai units, providing a valuable opportunity for collaborative learning focused on enhancing patient safety practices.

The workshop began with an engaging opening address by Dr Supriya Amey, Director of Medical Operations (DMO), Mumbai Cluster, who set the stage for the session with thought-provoking insights. Ms Shalini Sharma, Head-Quality and Patient Safety at Fortis Mulund, then led an in-depth discussion on the critical elements of conducting an effective Root Cause Analysis. She highlighted the significance of accurate reporting, prompt response, identifying underlying causes and contributory factors, and taking corrective actions to prevent recurrence. The session concluded with strategies for ensuring sustained improvements and maintaining a closed-loop approach to patient safety.

Fortis Mulund commemorates National Safety Week 2025



Fortis Hospital Mulund celebrated National Safety Week from March 4-6, 2025, with an emphasis on raising awareness, sharing valuable knowledge, and fostering a culture of safety across all environments. This week-long initiative was focused on reinforcing the importance of Safety, Health, and Environment (SHE) through engaging sessions and interactive demonstrations.

The week was officially launched on March 4 by Shri VD Mayekar–Divisional Fire Officer, Shri D M Patil–Assistant Divisional Fire Officer, and Dr Vishal Beri–Facility Director, Fortis Hospital Mulund along with the HODs at the unit. Following the launch, the Safety Kick-off session, led by the unit guards, served as a friendly reminder that "Safety is the Name of the Game." The first session, Fireproof, was conducted by Shri D M Patil–Assistant Divisional Fire Officer, Mumbai Fire Brigade. The session focused on brushing up fire safety skills, followed by a live demonstration to ensure all attendees were well-prepared in case of an emergency.

On March 5, an informative session on Cyber Security Safety – The Phishing Scams, chaired by Shri Atul Salunkhe (Cyber & Anti-Terrorist Cell), and Shri Dattatray Khandagale (Bhandup Police Station), was hosted. The session was designed to raise awareness about the growing threat of phishing scams and equip attendees with the tools to safeguard their personal and professional information. On 6th March, the focus shifted to Women's Safety with the session Personal Safety 103, led by Shri Savita Jadhav (Sub-Inspector, Nirbhaya Squad). The session aimed to empower and educate attendees, particularly women, on various personal safety measures.

The event concluded with around 100 staff members taking the Safety Pledge, committing to uphold the principles learned during the week and fostering a safer and more secure environment at Fortis Mulund. National Safety Week commemoration, helmed by Mr Imtiyaj Patel, Chief Security Officer, Fortis Hospital Mulund, was an important reminder of the employees collective responsibility to maintain a safe and secure environment for all.

Fortis Hospital Vasant Kunj, Celebrates World Health Day 2025



FHVK Team



Yoga Session



Zumba Session

Fortis Hospital, Vasant Kunj, celebrated World Health Day on April 7, 2025 with a high-energy Yoga and Zumba session aimed at promoting physical fitness, mental well-being, and a healthy lifestyle. The event witnessed enthusiastic participation from over 200 attendees, reflecting strong community interest in preventive health initiatives. The event was graced by Shri Gajendra Singh Yadav, MLA, Mehrauli, who joined as the Special Guest and encouraged participants to embrace wellness practices in their daily lives.

Dr Sanjeev Gulati, Principal Director & HOD, Nephrology & KTP; Dr Neema Sharma, Director & Unit Head - Obstetrics & Gynaecology; Dr Mugdha Tapdiya, Director - Internal Medicine, and Dr Tapan Ghose, Senior Director & HOD - Cardiology and Dr Gurvinder Kaur, Facility Director offered practical health tips, highlighting the importance of regular exercise, balanced nutrition and timely screenings.

Fortis Hospital, Greater Noida Inaugurates Medical Room at Gaur Atulyam Apartments



On March 8, 2025, Fortis Hospital Greater Noida, in collaboration with Gaur Atulyam Apartments, Omicron-1, and the Residents Welfare Association (RWA) inaugurated a dedicated medical consultation room within the society to enhance & extending medical services to societies beneficiaries.

The event was graced by Dr Praween Kumar – Facility Director, Mr. Naveen Malik, Unit Head – Sales & Marketing and Society AOA members – Mr. Sanjay Kaushik (President), Mr. Pawan Kr Sharma (Vice President), Mr. Gajendra Singh Nagar (Secretary) & Mr. Vipin Kumar (Treasurer) along with residents of the society. The inauguration commenced with a Ribbon-cutting ceremony, followed by insightful addresses from esteemed dignitaries, emphasizing the importance of accessible healthcare.

Fortis Mulund collaborates with Mumbai Fire Brigade to conduct mock fire drill for Fire Service Week



In observance of Fire Service Week (April 14–20, 2025), Fortis Mulund, in collaboration with the Mumbai Fire Brigade, conducted a mock fire and rescue drill on April 15 to promote fire safety and enhance emergency preparedness in the hospital. The event was attended by over 300 individuals including hospital staff, patients, and their families who were offered an informative and first-hand perspective on emergency response procedures. The organising team consisted of Mr Imtiyaj Patel - Chief Security Officer and Dr Preetha P., Deputy Manager-Administration, Fortis Hospital Mulund.

The drill, which was held in the hospital premises, simulated complex rescue scenarios under the supervision of senior offices from the Mumbai Fire Brigade - A.J. Mishra, (Deputy Chief Fire Officer), V.D. Mayekar & V.M. Mainkar (Divisional Fire Officer) and Assistant Divisional Fire Officers P.G. Mundhe, S.S. Kudtarkar, and D.M. Patil. The drill involved over 70 firemen, showing seamless coordination, advanced equipment and real time emergency response. As part of the initiative, Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra & Dr Vishal Beri, Facility Director, Fortis Hospital Mulund also announced free comprehensive health check-up for all fire officials at the drill, recognizing their vital role in ensuring public safety.

Meet Our Clinician



Dr Prashant Sonavane
 Consultant- Orthopedics
 Fortis Hospital, Kalyan

Since how long have you been working with Fortis?

I've been with Fortis since its inception, and it's been an incredibly rewarding journey. Being part of the organization from the very beginning has given me a deep sense of connection and pride.

Can you tell us about your overall experience in the field of medicine and what inspired you to become a clinician?

My journey in medicine has been incredibly dynamic and rewarding. What drew me to medicine in the first place was a deep desire to help people in a meaningful way. As I've grown in my career, I've realized how powerful it is when empathy and technology come together in patient care. Being part of a healthcare system like Fortis, which brings world-class, affordable care to patients, makes me proud of the work we do. It's exciting to be part of a field that's always moving forward—and that constant evolution keeps me motivated every day.

How important is collaboration and team work in your profession?

Collaborating with others and valuing their expertise is what makes us stronger as a team. By acknowledging that no one person has all the answers, you build a support system that helps make the best decisions for the patient. In the end, the outcome is always better when we're working in synergy.

How do you balance your personal life with the demands of your profession?

Balancing personal life with the demands of being a doctor is definitely a challenge, but over time, I've learned the importance of setting clear boundaries. I make a conscious effort to compartmentalize—keeping personal and

professional lives separate so that one doesn't affect the other. I believe that discipline starts with us; if we can manage ourselves well, we're in a much better position to guide and manage our patients effectively too. Time management is absolutely key.

Can you share a memorable patient story that had a profound effect on you?

One event has left a lasting impression on both my life and career. We had a female patient admitted to Fortis who had suffered a devastating pelvic and perineal injury after being run over by a truck. Her condition was critical, and her recovery seemed uncertain at first. She remained in the hospital for nearly two months, undergoing extensive treatment.

What truly moved me was her spirit—she never gave up hope. Her determination, combined with the unwavering support of our medical team led to a remarkable recovery. This experience reinforced a powerful lesson for me: never underestimate the strength of the human will or the importance of a compassionate, collaborative medical environment.

Have you ever made a difficult decision in your professional life? If yes, what were the outcomes?

Yes, I've definitely faced difficult decisions in my professional life. One key lesson I've learned is that it's important to recognize what you don't know and not be afraid to admit it. Sometimes, the hardest part is knowing when to say "no" or ask for help. There's no room for ego in medicine—it's not about knowing everything. It's about having the humility to reach out to colleagues and work together, especially when the situation is complex or challenging.

Meet Our Nurse



Owendrila Acharjee

Clinical Instructor

Fortis Hospital Anandapur, Kolkata

How has been your journey working at Fortis?

My journey as a Clinical Instructor at Fortis has been incredibly fulfilling and enriching. It has given me the opportunity to blend my passion for nursing with my love for teaching. Working with students at Fortis has been a rewarding experience, as I've seen them grow from novices into confident, capable nurses. The collaborative environment with colleagues and access to resources has allowed me to stay at the forefront of nursing education and practice. Being part of such a reputable institution has deepened my commitment to both nursing and mentorship, and I'm proud to contribute to shaping the next generation of healthcare professionals.

What qualities or attributed do you think a nurse must possess?

A nurse must possess empathy, strong communication skills, and critical thinking abilities. Empathy allows us to connect with patients on a deeper level, providing compassionate care. Effective communication ensures we understand patient needs and collaborate well with the healthcare team. Critical thinking is essential for making quick, informed decisions, especially in high-pressure situations. Additionally, resilience and adaptability are key, as the nursing field is constantly evolving and can be emotionally and physically demanding.

What steps do you take to stay updated on the advancements and evidence-based practices in nursing?

To stay updated on advancements and evidence-based practices in nursing, I regularly attend professional development workshops and conferences. I also subscribe to nursing journals and online platforms that share the latest

research and best practices. Networking with colleagues and participating in discussions within professional organizations helps me stay connected to new trends. Additionally, I make it a point to engage in continuous learning, whether through formal courses or self-study, to ensure my practice remains current and evidence-driven.

How do you manage a healthy work-life balance as a nurse?

Managing a healthy work-life balance as a nurse is challenging but essential for both my well-being and my ability to provide quality care. I prioritize self-care by setting clear boundaries between work and personal time. I also make time for activities that recharge me, whether it's spending time with loved ones, or pursuing hobbies. I ensure that I take breaks during shifts and use my time off to fully disconnect and relax. Balancing work with personal life requires planning, but it's key to staying energized and focused in both areas.

Can you share a personal experience that exemplifies the impact nursing had on your life?

One experience that truly exemplifies the impact nursing had on my life was when I cared for a patient at the end of life. It was a deeply emotional experience, but it showed me the true power of compassion and presence. I was able to offer comfort not just to the patient, but also to their family, helping them navigate such a difficult time. That experience reinforced my commitment to nursing and reminded me how much of a difference we can make, even in the smallest of moments. It solidified my belief that nursing is more than just a job—it's a calling.

Awards & Accolades

Fortis Healthcare Bags 7 Awards at FICCI Medical Value Travel Conference & Awards 2025



In a remarkable testament to its unwavering commitment to deliver world-class services to International patients, Fortis Healthcare has once again been recognised with a series of awards at the FICCI Medical Value Travel Conference & Awards 2025, announced on April 25, 2025. These accolades reflect consistent dedication of our clinical and support team to setting industry benchmarks year after year.

Fortis Memorial Research Institute, Gurugram, demonstrated excellence by winning awards in multiple categories including - Oncology-Medical, Oncology-Surgical and Orthopedic Surgery-Joint Replacement.

Fortis Escorts Heart Institute, Okhla emerged as a standout performer, securing wins in all four applied categories - Cardiac Surgery (Adult), Interventional Cardiology (Adult), Pediatric Cardiac Sciences – Cardiology and Pediatric Cardiac Sciences – Cardiac Surgery. The event was graced by representatives from the Union ministries of Health, Tourism, Home, Power, Urban Development and Education & Training along with healthcare industry leaders, innovators and changemakers from across the country. During the CEO Roundtable and Panel Discussions, all the visionaries resonated the common goal of shaping the future of Medical Value Travel Industry in India.

Fortis Kalyan, Dr Anil Heroor Win Prestigious Awards at Lokmat Excellence Awards 2025



Fortis Hospital Kalyan's Ms. Madhavi Varik and Dr. Sandeep Patil receiving the award from Hon. Prakashrao Abitkar



Dr Anil Heroor receiving the award from Hon. Prakashrao Abitkar

Fortis Hospital, Kalyan, was recognised as the 'Best Hospital for Emergency & Critical Care Services in Kalyan-Dombivli' at the prestigious Lokmat Excellence Awards. The award, announced on February 28, 2025, was received by Dr Sandeep Patil, Chief Intensivist and Ms Madhavi Varik, Head-Sales and Marketing, Fortis Hospital, Kalyan. Additionally, Dr Anil Heroor, Senior Consultant-OncoSurgery, Fortis Kalyan and Mulund, was awarded for Best Oncology Services. His dedication and expertise in the field of oncology have made a profound impact on the lives of many patients, ensuring they receive the highest quality of care and treatment for cancer.

The Lokmat Excellence Awards event was graced by several dignitaries, including Shri Uday Samant, Cabinet Minister for Industries & Marathi Language, Government of Maharashtra; Shri Rahul Narvekar, Speaker of the Maharashtra Legislative Assembly; and Shri Prakashrao Abitkar, Minister for Public Health and Family Welfare of Maharashtra.

Fortis Hospitals Win Prestigious Awards at 12th International Patient Safety Conference, New Delhi



Fortis Gurugram, Fortis Mulund, Fortis Anandapur and Fortis Vashi received prestigious awards and recognitions under various categories at the 12th International Patient Safety Conference held at Bharat Mandapam, New Delhi, on February 21-22, 2025.

Fortis Hospital Gurugram won the Excellence in Digital Innovation for Quality Management System award, highlighting its commitment to patient safety and digital excellence with initiatives such as incident reporting, audits, privileging of clinicians and hand hygiene audits—all managed through the MedQPro app. The Quality, Nursing and IT Teams made the recognition possible with the support of Mr Yash Rawat, Facility Director, Fortis Gurugram.

Fortis Hospital Mulund won an award in the 'Nursing Leadership for Patient Safety' category for the project, 'Live-tracking of Nursing Practice & Outcome Indicators (NPOIs).' The recognition was awarded to Ms Bincy Thomas, Nurse Educator. The project had been implemented under the leadership of Ms Minimole Varghese, Chief Nursing Officer - Fortis Hospital Mulund, and Capt. Sandhya Shankar, Corporate Chief of Nursing at Fortis Healthcare.

Fortis Hospital Anandapur was honoured with an award for its pioneering work in sustainable innovation for patient safety for its project, 'Revolutionizing patient satisfaction: Implemented evidence-based Pentagon approach for effective communication.' The award recognises Fortis Anandapur's commitment to enhancing patient safety through strategies that prioritise clear communication, patient satisfaction and a sustainable approach to healthcare.

In addition, Ms Yamini Patil, Nurse Educator at Fortis Hiranandani Hospital, Vashi, presented a paper titled 'Precision Care of Peripheral Intravenous Catheters' under the 'Improvement of Processes & Outcomes' category. Out of 200 entries, 30 papers were shortlisted for presentation, and this paper was awarded as one of the 'Best Seven'. The paper was developed and submitted under the leadership and guidance of Ms Mohini Chandrashekhar, Chief Nursing Officer, Fortis Hiranandani Hospital, Vashi.

Dr Kameshwar Prasad of Fortis Vasant Kunj receives Lifetime Achievement Award from Indian Society of Critical Care Medicine



Dr Kameshwar Prasad, Principal Director & HOD – Neurology, has been honoured with the prestigious Lifetime Achievement Award by the Indian Society of Critical Care Medicine (ISCCM). The award was presented on March 7, 2025, at ISCCM's 2025 Annual Conference in Kochi.

The award recognises Dr Prasad's lifelong dedication, contribution and unwavering commitment to the field of critical care medicine.

Dr Rama Joshi of Fortis Gurugram Honoured at ET Women Conclave 2025



Dr Rama Joshi, Chairman – Gynae Oncology and Robotic Surgery, Fortis Hospital Gurugram, was honoured with the ET Inspiring Women Leaders 2025 award at the prestigious ET Women Conclave 2025 held in Gurugram on March 9, 2025. The award, was presented by renowned actress Sonali Bendre, recognised Dr Joshi's exceptional contributions to women's healthcare and leadership in gynecologic oncology.

As a distinguished speaker at the conclave, Dr Joshi was also invited to participate in an insightful panel discussion on 'The Inner Path to Success: Managing Health, Wealth, and Stress for Well-being.' She shared her expertise on the importance of holistic health and stress management, emphasising the crucial role of preventive healthcare for women.

Fortis Vasant Kunj Shines at Radio City, Delhi Icon Awards



Dr Gurvinder Kaur & Dr Rahul Verma receiving the award recognising Fortis Vasant Kunj for Excellence as an Age Friendly Hospital in Delhi NCR



Dr Sanjeev Gulati & team receiving the award



Dr Gurinder Bedi, Dr Dhananjay Gupta and team receiving the award



Dr Rahul Nagpal & team receiving the award

Fortis Hospital, Vasant Kunj received multiple accolades for excellence in various fields at the Radio City Delhi Icon Awards 2024-25. The event was held on April 2, 2025.

1. Excellence as an Age Friendly Hospital in Delhi-NCR: The hospital was honoured for its commitment to exceptional healthcare for the elderly. The award was received by Dr Gurvinder Kaur, Facility Director and Dr Rahul Verma, Medical Superintendent.
2. Excellence in Renal Sciences: Recognised for excellence in renal care, the award was presented to Dr Sanjeev Gulati, Principal Director - Nephrology & Kidney Transplant; Dr Amit Bansal, Senior Consultant, Urology and Dr Sanshriti Chauhan, Consultant, Nephrology.
3. Excellence in Orthopaedics & Joint Replacement: Celebrating advanced joint care, the award was received by Dr Gurinder Bedi, Principal Director & HOD, Orthopaedics; Dr Dhananjay Gupta, Senior Director, Orthopaedics; Dr Vishwadeep Sharma, Director, Orthopaedics and Dr Shuvendu Prosad Roy, Additional Director, Ortho & Spine Surgery.
4. Excellence in Paediatrics & Neonatology: The hospital was also recognised in this category, with awards presented to Dr Rahul Nagpal, Principal Director & HOD; Dr Sapan Vinayak, Senior Consultant, Paediatrics and Dr Shradha Joshi, Senior Consultant, Paediatrics.

Renowned US Robotic Surgeon Dr Peter C. Lim Felicitates Leading Gynae Robotic Surgeon Dr Swapna Misra of Fortis Mohali



Dr Swapna Misra, Director, Obstetrics & Gynaecology, Fortis Hospital Mohali, along with world-renowned US robotic surgeon, Dr Peter C. Lim.

In a remarkable achievement, world-renowned robotic surgeon, Dr Peter C. Lim, Medical Director of Gynecologic Oncology and Robotic Surgery at Center of Hope, and Clinical Associate Professor at the University of Nevada Reno School of Medicine – who has the distinction of conducting the highest number of robotic surgeries in the world at more than 4000 – has felicitated leading gynae robotic surgeon, Dr Swapna Misra, Director, Obstetrics & Gynaecology, Fortis Hospital Mohali, and acknowledged her eminent contribution in the field of robot-aided surgeries. Dr Misra, who is also a Robotic Laparoscopic and Cancer Surgeon, has treated several women suffering from complex gynae ailments through the world’s most advanced 4th Generation Robot – Da Vinci Xi. Dr Misra has undergone the most advanced training under Dr Peter Lim at San Diego in the US. She has also received the highest TR 500 training in the US and she is the only TR 500 trained robotic surgeon in the country.

Dr Neetu Ramrakhiani of Fortis Jaipur named amongst ‘Healthcare Pioneers of Rajasthan’



Dr Neetu Ramrakhiani, Director – Neurology, Fortis Escorts Hospital, Jaipur, has been featured in the prestigious coffee table book, ‘Healthcare Pioneers of Rajasthan,’ published by The Times of India, a leading national media house. The publication, released on March 30, 2025, celebrates the exceptional contributions of medical professionals and institutions that have significantly transformed the healthcare landscape of the state. Dr Neetu Ramrakhiani was also felicitated by the Hon’ble Governor of Rajasthan, Shri Haribhau Bagde, on the occasion.

Ms Deepti Khatuja of Fortis Hospital Gurugram Honored with IAPEN Excellence Award



Ms. Deepti Khatuja, Chief Clinical Nutritionist, Fortis Hospital Gurugram, was recognised with the prestigious IAPEN Excellence Award at the state level for “Therapeutic Food Service Management” at the IAPEN International Conference held in Varanasi, in February 2025. Ms Khatuja was also invited as a faculty speaker, where she shared her expertise on “Overcoming Micronutrient Deficiencies in the Geriatric Population”, contributing valuable insights to the global nutrition community.

Dr Manisha Singh of Fortis Hospital, Bannerghatta Road, Bengaluru Honoured at Red Shakti Awards 2025



Dr Manisha Singh, Additional Director – Gynaecologist & Sub-specialist in Reproductive Medicine & Surgery at Fortis Hospital, Bannerghatta Road, Bengaluru, was honoured with the Red Shakti Award for Excellence in Infertility, Gynaecology, and Minimally Invasive Surgery at the prestigious Wempower Red Shakti Awards 2025, hosted by RED FM.

The award ceremony, held on March 8, 2025, celebrated outstanding women who have made a meaningful impact on society. Dr Manisha Singh was recognized for her exceptional contributions to women’s healthcare and her dedication to advancing infertility treatments and minimally invasive surgical techniques.

Deepak Negi of Fortis Escorts, Okhla, New Delhi wins three Golds medals at 4th Khelo Masters National Games 2025



Deepak Negi, Manager - Accounts, Fortis Escorts, Okhla, New Delhi, has won three Golds Medals at the 4th Khelo Masters National Games held on April 11-13, 2025. The event was held at Commonwealth Sports Complex, New Delhi. Deepak delivered a spectacular Gold-winning performance in Long Jump (5.47 m), Triple Jump (11.51 m) and 110 m Hurdle Race (17.58 sec). More than 3,000 players from 24 States participated in the event.

Deepak is no stranger to winning medals at track-and-field events and has won many accolades in the past at prestigious international sports meets held in Singapore, Japan, Australia, New Zealand, Italy and Thailand, to name a few. He is now preparing for the World Masters Games to be held in Taiwan in May 2025 and Australian Masters Games in October 2025.

Dr Anusheel Munshi of Fortis Noida is Only Indian Oncologist on St Gallen Voting Panel, Vienna; Contributes to Development of Breast Cancer Care Guidelines



Dr Anusheel Munshi, Director – Radiation Oncology, Fortis Hospital, Noida, was invited as a distinguished panelist for the prestigious St Gallen Voting Panel on the concluding day of the conference, held in Vienna from March 12-15, 2025. He joined renowned global leaders in breast cancer management to contribute to shaping international guidelines for breast cancer care. He was the only Indian Oncologist in the prestigious panel. The St. Gallen panel plays a pivotal role in establishing globally recognized protocols that guide breast cancer treatment and management, ensuring better patient outcomes worldwide.

Dr Munshi was also invited to give a talk on management of axilla in breast cancer patients. In his talk, he focused on ways and means of providing best care of radiation therapy to the axilla in patients after systemic chemotherapy. He also spoke on using established guidelines to reduce side effects of treatment.

Photo Feature

INTERNATIONAL **WOMEN'S DAY** 2025



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Manesar



Fortis Hospital, Gurugram



Fortis Hospital, Anandapur



Fortis Hospital, Vasant Kunj



Hiranandani Hospital, Vashi



Fortis Escorts, Okhla Road



Fortis CDC, New Delhi



Fortis Hospital, Mulund



Fortis Hospital, Mohali



Fortis Hospital, Kalyan



Fortis Escorts, Faridabad



Fortis Hospital, Bengaluru



Fortis Hospital & Kidney Institute, Kolkata



SL Raheja Hospital, Mahim



Fortis Hospital, Jaipur



Corporate Office, Gurugram



Fortis Medical Centre (FMC), Kolkata

Congratulations

New Additions to the Family



Baby of Abhishek Bhardwaj- Greater Noida Unit



Baby of Sachin Wilson-Noida Unit



Baby of Maman Das - Anandapur Unit



Baby of Rahul Kumar- Greater Noida Unit



Baby of Vinay Gupta- FMRI, Gurugram



Baby of Mahalakshmi N- Nagarbhavi Unit



Baby of Soma Mondal- Anandapur Unit



Baby of Sunil Kumar Sharma- Fortis C- DOC Unit



Baby of Sanjay Aswal- FMRI, Gurugram

Newly Weds



Megha Musyuni-Noida Unit



Rahul Chaudhary-Greater Noida Unit